

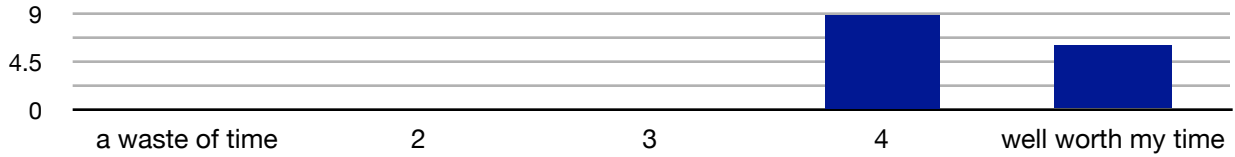
# B: Adult Facilitator Training Workshop

Canberra, Australia | Mon. July 25<sup>th</sup> 2011

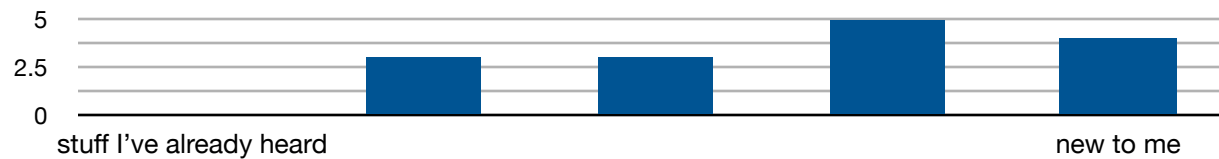
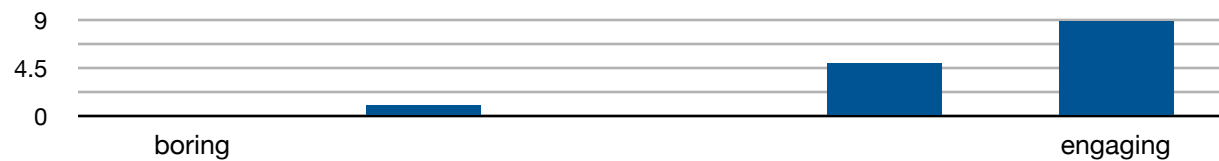
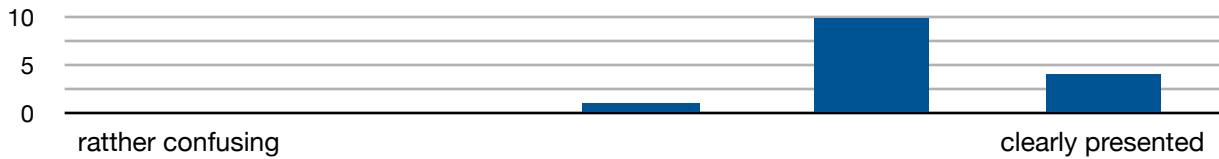
1:00 - 4:30 pm



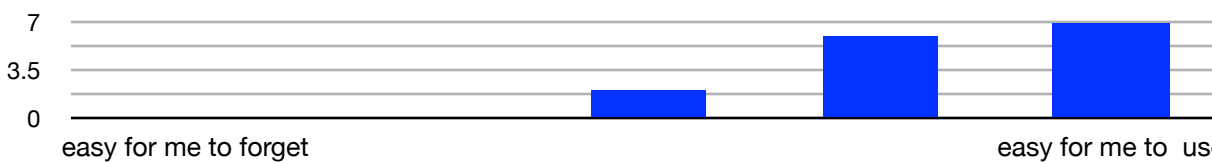
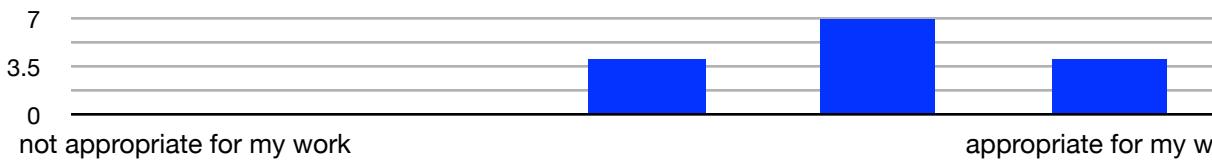
## 1. This workshop was...



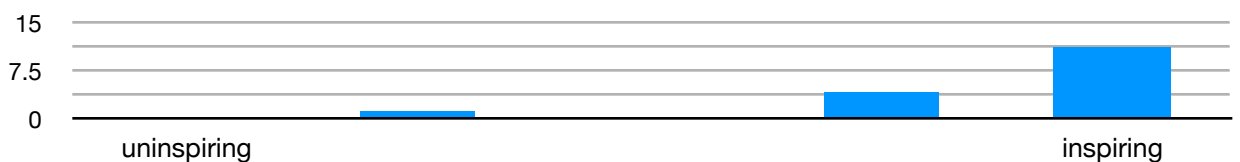
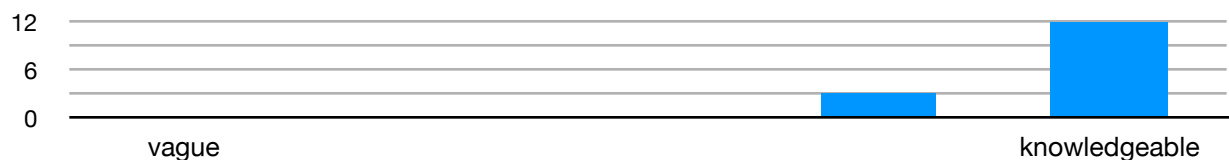
## 2. The workshop content was...



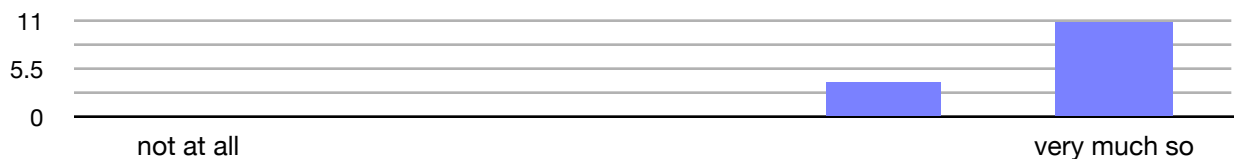
## 3. The activities presented here were...



## 4. The presenter was...



## 5. To what extent did the presenter create a positive learning environment?



**6. What are the 2 most interesting things you learned in this workshop?**

- really liked the idea of making credit lists so young people can see how much they can/do contribute - very empowering & asking how they can contribute to the project
- treating youths as integral members of the community now, not just in the future
- how you change approach dependent on motivation & audience age
- really liked the comment “planning policy” will follow
- letting children & youths initiate & own projects
- fun, engaging consultation
- the value of input from children/other stakeholders
- the use of toys as props to assist people to explain themselves
- some creativity tools to apply
- examples of school engagement
- importance of providing feedback to those engaged
- importance of evaluation of not only the impacts, but the other outcomes
- collaboration - working together
- use a variety of strategies (hands-on)
- facilitation techniques
- inspiring case studies
- role that children & youth play in our society
- value of consultation
- various methods of student engagement
- creating an environment for voluntary participation

**7. What 2 ideas/activities will you most easily introduce in your work?**

- I like the idea of asking them how they can contribute - including senior management
- overview & using toys not just photo-language cards
- advertising differences/forms dependent on audience/target population
- where are we now, where do we want to be
- page 4 & 5 of the adult facilitator book
- using tactile objects to tell stories, ideas
- encouraging and using people’s preparedness to do some of the work
- organize a bike ride amongst school children in my suburb on the weekend
- slow bike race
- attitude work with students
- a bag of tricks (toys)
- not death by Powerpoint
- engaging children/youth are included and not “added in” later
- active travel promotion for our workplace
- consultation with children & youth
- I like the “bike club” concept
- letting go of control
- CTT/BC activity was great - easy to run
- I’ll be working with workplaces

**8. If the session continued for a bit longer, what would you want to learn more about?**

- just love hearing about others experiences
- structuring a program/project with a school
- outcomes of projects & impacts in broader community
- the challenge, breaking the ice with schools
- the external factors (infrastructure, etc.) that affects people’s travel choices, how they affect those choices, and how they can be influenced
- details of going into schools
- child/youth learning techniques
- program framework
- some examples of how to bring about change in Canberra schools
- Bike Polo, bike tricks demo, walk/ride the labyrinth

- engaging high school/college aged young people
- engaging vulnerable or disadvantaged young people
- nothing

**9. What might the presenter(s) have done to enhance your learning in this workshop?**

- overview @ beginning + timeline of engaging with a school & student body
- no fault of the presenter but a bit rushed
- had more time?
- a little more background on local conditions before the workshop
- it was a little bit disjointed
- nothing

**10. Do you believe that this workshop should be made available to other colleagues?**

**11 x yes, 2 x no**

- yes, there's lots to learn and share
- yes, loved it, very useful, I would wish my colleagues understood student/community-led projects
- yes, knowledge and inspiration
- yes, we need to better understand, and deal with, the changes in travel behaviour that happen between 15 & 25 years of age
- yes, we all need to be re-engaged in motivation techniques
- yes, for teachers as a form of professional learning about how to design & facilitate student workshops prior to active travel campaigns
- yes x5
- no, I am the only person related to youth participation in my section
- no, no colleagues working in this area

**11. What inspired you most about today?**

- 6 x stories, case studies, or tools put a different spin on how I can approach schools & programs
- the presentations this morning were all inspiring, & from innovative points of view
- just changing my mindset & encouraging me to let students lead the project & come up with strategies for their own school environment
- the realization that adults cease to play
- networking, creativity, new ideas
- some of the strategies used (motivational)
- Bike Club concept
- that a room full of people want to do this better
- the view of young people as asset (as opposed to deficit)

**12. Who inspired you most? (what was inspiring about them)**

- loved the student-led activities
- their knowledge of topic & enthusiasm
- 2 x educator for urban planning - suburban challenge workshops in schools
- stories of student leaders
- engaging youth in active travel
- facilitator - very energizing & optimistic & good @ creating positives out of challenging situations
- Arthur O.
- people who could easily 'think outside the square' or put themselves in others shoes
- places should be "fun" & attract people - Disneyland/utopia

**13. What part of the day was most worthwhile?**

- 2 x all!
- 2 x talks from guest speakers
- workshop in afternoon & going into detail of student engagement tools
- listening to case studies, examples, success stories to what has worked elsewhere - can relate to non-cycling activities
- realizing that there are several different, and complementary, ways to approach evaluation
- workshop session - especially first half, second half rushed

- listening to the positive case studies & examples
- meeting people who want the same thing
- the whole spectrum of 'how to do' tasks etc.

**14. What part of the day was least worthwhile?**

- none!
- not enough free food (or even paid food)
- some of the other presentations were only vaguely related to the topic
- talk by urban planner on 'playful spaces' - not relevant to me
- I don't have the opportunity to work with students so some of this isn't relevant
- the ice-breaker (at the start)

**...other comments**

- thanks :)