

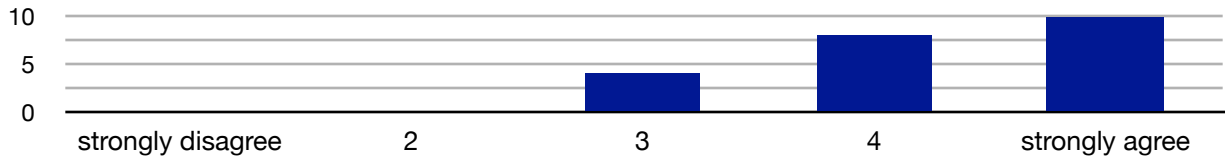
## B: Adult Facilitator Training Workshop

Perth, Australia | Mon. Aug 1<sup>st</sup> 2011

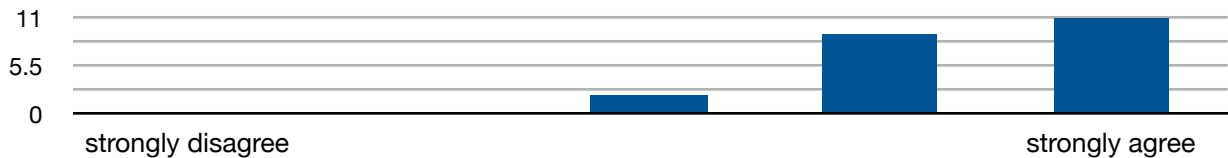
9:30 am - 4:30 pm



### 1. I feel motivated to engage students...



### 2. Overall, the day was useful...



### 3. What are the two most interesting things you learnt?

- Orsini model for child & youth engagement x2
- different activities to use with engaging youth x2
- 6 hats - engaging youth using this method x2
- don't be vague, be specific
- using objects & activities to think outside the square
- range of engagement strategies - toolkit
- you don't need to map everything out - one image of each tool is enough to get kids thinking about how to use it
- innovative meeting ideas
- strategies on how to engage youth
- ways to engage students for peer strategies
- relevant case studies & why they've worked
- the amount of projects that do work - especially simple ones can make a big difference
- idea of using student groups with de Bono's 6 hats to focus group test proposals
- idea of externalizing dreaming role in consultation - e.g.. what would the clown do?
- all of it! like the use of props/toys to help people formulate ideas/see other perspectives
- activities to draw out ideas and views of other people
- awareness that not everyone is seeing things in the same way
- how to engage students
- how to keep & understand from students' perspectives about their world, their values, etc.
- thinking as someone else (Martian/drawing exercise)
- different initiatives to discourage driving congestion/environmental pollution
- the I (heart) walking pins - great simple, visual idea - clever contract of participation
- they were all interesting and many of the activities were new to me
- making participation voluntary
- unusual/different activities can be just as useful
- ideas to share with student - to hear what they have to say rather than me telling them.
- activities - quick and that I haven't been exposed to that I can easily incorporate in my (lesson?)
- engaging students 1<sup>st</sup> to reach parents
- getting students to come up with ideas & design project
- practical examples of group work
- importance of riding a bike and finding alternative methods of transport
- seeing things from different perspectives
- some interactive games, activities, etc.

### 4. What the two ideas/activities you will most easily utilize?

- the toybox activity! x10 ...I can see that being adaptable in many classroom settings x3 ... where start & end in project ...point A to B ... for goal setting / action planning
- 6 thinking hats x5 ...as focus groups ...to find value in active travel programs ...especially looking at different ways of doing it!

- Martian Tribunal “defending car ads” activity x5
- Draw the bike activity x3
- they were all useful - too difficult to choose only 2
- technique to assess strength of program plans
- icebreakers/group activities
- use more practical items/things for demonstrations etc.
- stereotypes balanced in role models
- personal invitation to participate
- walking groups - 5 or more kids to earn prizes
- cards - back to back drawing
- cycle teacher training/bike crew concept for youth awareness
- evaluation ideas
- I like all of the inter-actives and plan to incorporate them. I like the Martian courtroom idea and interpreting photographs as they are simple yet very appealing to children as they are outside the norm.
- teacher workshops - e.g.. cycling to get them to be role models/advocates
- fruit bowl
- visual pictures & metaphor activities & photos of other schools’ strategies
- yes/no game!
- drawing activity to show importance of good communication
- fruit activity to show importance of good communication
- passport
- pimp my bike
- Less/More Activity & Easy/Prohibitive

**5. If the session continued for a bit longer, what would you want to learn more about?**

- engaging parents
- Roger Hart Ladder
- what activities had the cool factor for teens
- case studies from specific age/target groups & their successes and failures
- first nation thinking
- I think a lot was covered for the day
- few more working examples
- I think the timing was perfect! Not sure I could fit any more info into my head :)
- more time to cover what was presented
- how to approach the schools & make this topic a priority to implement
- more success stories/case studies
- bike games - esp. bike hockey e.g. Rules/equipment
- how to engage with high school students
- no, it was too long - I shut-off - sorry :( I liked the sessions though!!

**6. What might the presenter(s) have done to enhance your learning in this workshop?**

- nothing x8 ...it was really well done ... I was engaged :) ...he was great ... a great changing dynamic through the day, worked really well ... I think it was already well balanced ... Arthur used so many different strategies to engage our interest
- more examples x2 ... more ‘outcome’ examples
- relate to wider topic
- be more clear with instructions & everything - i.e.. what was going on / we were meant to be doing
- more sharing of review/recap learning
- more participation/interaction with presenter and others
- more activity - felt we sat too long

**7. Do you believe that this workshop should be made available to other colleagues?**

**15 x yes, 1 x no, 1 unsure**

- yes x4
- yes, useful knowledge on general youth engagement
- yes, it would be beneficial for many work areas
- yes, would be useful to bring project egs + workshop as a group
- yes, engage with CALD + Aboriginal students/agencies + workers

- yes - I think team building/capacity building exercises are important for all types of work. You can never know enough.
- yes, more particularly those who are not sure where to start with schools, and those involved with older youths (high school age)
- yes, Teachers, Road Safety
- yes, if they wanted to come, I'm sure they would have
- yes, offered to staff working in physical activity health promotion
- yes, anyone needing to engage others to participate in school/community activity
- yes, everyone needs to know the importance of this
- no, it's not as relevant to other groups we are working with in CACH - early years, etc.

#### 8. Any other comments?

- really enjoyable, great location, engaging facilitator
- I feel that I will be able to conduct valuable school-based meetings/info gathering sessions to better plan relevant projects
- Great stuff Arthur - this is catalyzing my approach to a program. I'd like to look into us doing some train the trainer sessions like this with the other stakeholders after you have left (+ if you come back!)
- I was intending to leave early as I'm feeling jaded and am sick of "training" sessions but no real action, however I chose to stay because it was so interesting, useful & engaging I almost feel motivated again!
- I really enjoyed hearing about the variety of programs & tools that engage youth(s)
- I learned a lot & topic was relevant to my work & learned some good skills as well in engaging students and young people - thank you!
- develop a few actions/work on some issues/projects
- Thanks for a great day - it was informative and fun!
- good mix of activities & presentation
- great to see other people - TravelSmart as their program is very similar to mine - share ideas & discuss
- thank you Arthur - I enjoyed the stimulation and the rather scant instructions to activities. Thank you

#### 9. What is your work role primarily?

- DOT
- Health Promotion x2
- Healthy Schools Coordinator x3
- State govt co-ordinator of TravelSmart to School
- Health Eating & Physical Activity in Schools
- Health Promotion - alcohol, tobacco. school programs
- TravelSmart x2
- TravelSmart Officer - current focus on adult cycle training + encouragement
- promoting nutrition & PA in school settings
- Healthy Schools Coordinator + Health Promotion Coordinator
- Healthy Schools Coordinator
- Teacher (primary school) and Healthy Schools Co-ordinator
- Coordinating the WA Healthy Schools project in a region (country) I do not work directly with students
- promoting active transport
- co-ordinate energy saving strategy in primary schools. I do the PD's & student inclusions (help people stay motivated!)
- Health
- Health promotion in schools in REMOTE areas of WA
- Healthy Schools Coordinator