

# Youth Engagement Training Workshops

Urbanthinkers helps local authorities engage children and youths in the development of innovative methods to; *increase physical activity, reduce school traffic and lower air pollution.*

With over 15 years experience working with child and youth leaders in sustainable transportation, our resources, workshops and follow-up support can help your municipality, health board or school district to build *-or strengthen-* local capacity to engage child and youth leaders in TDM and active school travel programs.



## **Youth Engagement 101 – seminar for decision-makers**

A high-level overview for decision-makers, managers and supervisors considering child & youth engagement initiatives. Also serves as an introduction for transportation professionals and school travel planners new to the world of youth engagement.

Includes;

- *why engage children & youths in sustainable transportation?*
- *results you can expect*
- *challenges & benefits*
- *scope, timeline & expectations*

## **Adult Facilitator Training – workshop for sustainable transportation advocates**

A hands-on workshop covering the components of a child & youth engagement program. Specific focus on skills and tools to recruit, train and support child & youth leaders.

Six components of child & youth engagement include;

- recruitment
- motivation
- collaboration
- skill-building
- achieving goals
- recognition

## **Youth Leader Start-Up workshop – to launch an engagement program**

A hands-on workshop; co-facilitated by Urbanthinkers and local Adult Facilitators.

Includes;

- Sustainable Transportation 101
- group-building, leadership & communicating
- strategic thinking
- action planning