

Build, Support and Sustain Authentic Youth Leadership in Cycling & Walking Programs

Youth Agency to Manage **Climate Anxiety**



*I was intending to leave early as I'm feeling jaded and sick of 'training' sessions without real action, however I chose to stay because it was so **interesting, useful & engaging**.*

Adult Facilitator Training Workshop in Youth Engagement

OBJECTIVES

Build

- Compare six models of youth engagement.
- Identify assets and gaps in your current capacity.
- Describe the steps of authentic youth engagement.
- Recognize authentic over tokenized youth engagement.

Support

- Participate in case study scenarios.
- Examine assessment tools for climate anxiety.

Sustain

- Establish a communication frameworks.
- Collaborate on strategies to ensure success.

Limit of 21 participants for dynamic inter-action.

What you can expect

Authentic youth engagement doesn't happen by accident: it's crafted with dedication to collaboration, shared-power and curiosity. Student-led campaigns can quickly engage peers in activities to reduce car trips to school. Sustained support can empower more effective, ongoing campaigns. Find out how in this workshop.

As youth grapple with the emotional burden of a changing climate, we need to coach their best contributions - *not only to lower carbon emissions* - but to help channel their innovation into psychological well-being. Their successes will generate confidence and inspire their peers' agency and self-efficacy to manage climate anxiety.

urbanthinkers.ca/adult-facilitator-training

Learn how to respond to;

"...I shouldn't bother caring because it's such a massive problem that I can't solve and anything I do has such a small impact it's not worth it."

Vancouver teen, High School Hike & Bike Club

Who should attend

Professionals in education, health promotion, road safety, community development, environment and bicycle & pedestrian advocacy will expand their ability to authentically cultivate youth leadership.

Limit of 21 participants for dynamic inter-action.

When? Where?

- dates
- location
- local partner
- registration portal
- deadline to register

Variations on this workshop were delivered in AUS, CAN, NZ & USA.



FACILITATORS

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local partner, climate action or youth engagement professional

local partners' logos

urban
thinkers